

International Competition
Individual & Mixed Relay

Setmana Catalana
de l'Esport

JULY 7 TO 9

✦ BARCELONA 2023 ✦

Barcelona, July 8 and 9, 2023

Federació Catalana de Pentatló Modern with support of UFEC (Unió de Federacions Esportives de Catalunya) has the pleasure to invite a delegation of your country to participate in the **Individual and Mixed Relay Competition SETMANA CATALANA DE L'ESPORT** that will be held in Barcelona July 8 and 9, 2023

| July 7, 2023 | July 8 and 9, 2023 | July 10, 2023 |
|------------------------|---|--------------------------|
| Arrival of Delegations | July 8, 2023 – Individual Tetrathlon Competition | Departure of Delegations |
| Technical Meeting | July 9, 2023 – Mixed Relay Pentathlon Competition | |

For Senior competition individual and mixed relay not maximum number allowed, but please take care that will be based on order of arrival at LOC



RULES

The Competition will be carried out according to the UIPM rules.

| | |
|------------------|---|
| Swimming | 25m indoor pool/6 lanes |
| Fencing | 4 pistes |
| Laser Run | 40 laser targets Pentashot HIT & MISS provided by the LOC |
| OCR | With a rule of UIPM |

Individual Competition **(Fencing, Swimming and Laser Run)**

Mixed Relay Competition **(Fencing, OCR, Swimming and Laser Run)**

EQUIPMENT

Equipment control for fencing will be immediately before the first round of fencing and LaserRun with take part prior the beginning of competition.

ACOMODATION INFORMATION AND ECONOMICAL CONDITION

All participants will be Lodge at:

Fira Congress Hotel (Barcelona)

We will cover the expenses of your delegation for accommodation, meals and local transport (Airport International Josep Tarradellas - Barcelona) from your arrival Friday dinner 7 July until departure 10 July after breakfast.

Delegations arriving or departing before these dates please contact with theorganizing committee to be if it's possible.

TRANSPORTATION PLAN

The local transport from Airport International Josep Tarradellas – Barcelona to the hotel and the return journey it's only guaranteed if flight information is provided in good time, as according to the deadline on time.

ATHLETES' LICENSES

Athletes are only allowed to participate in UIPM sanctioned events if they are registered with the UIPM.

ENTRY FEES

- Individual: 50,00 euros
- Mix Relay: 50,00 euros (by team)

ENTRY FORMS

We would appreciate the early confirmation of your intention to participate or not. Please submit provisional at the end of this document as soon as possible, in order to guarantee hotel rooms, given that on those dates, for hotels, it is high season.

Deadlines for the Entry Forms are as follows,

Form A (Preliminary) - Entry form must return before **May 30, 2023**

Form B (FINAL) - Entry form must return before **June 14, 2023**

INSURANCE

According the UIPM Rules all competitors must be current members of their Federation and are responsible for their own insurance cover for the event.

The organizer will not accept any responsibility financial or otherwise for loss, injury, illness of any delegation member.

VISAS AND VACCINATIONS:

Important information, please read it!

Visiting nations should confirm visa and vaccination requirements for entry into Spain prior travelling to the event. The LOC cannot accept responsibility for arranging visas but can provide specific letters of invitation if needed. For information if you need a visa or vaccinations please access: <http://www.exteriores.gob.es/Portal/es/ServiciosAlCiudadano/Paginas/EmbajadasConsulado.s.aspx>

BANK DETAILS

| | |
|-----------------|--|
| Account Name: | Federació Catalana de Pentatló Modern |
| Account Number: | 2100 3394 64 2200034547 |
| IBAN: | ES41 2100 3394 64 2200034547 |
| Bank Name: | CaixaBank |
| Address: | Office 00117 C. NORD, 22 08830 SANT BOI DE LLOBREGAT |
| Swift Code: | CAIXESBBXXX |

OFFICIAL ADDRESS

FEDERACIÓ CATALANA DE PENTATLÓ MODERN

C/ MALLORCA, 30

08830 SANT BOI DE LLOBREGAT

PHONE: + 34 93 635 41 00

e-mail: pentatlo@pentatlo.cat

Best regards,

Looking forwards to welcome your delegation another year in Barcelona.

Susana Martínez

Susana Martínez Martínez
President
Federació Catalana de Pentatló Modern

P. Perez

Pedro Pérez Muñoz
Competition's Director